

## My Child's Asthma Information

### When to go to the emergency department:

If \_\_\_\_\_ (child's name) shows any of the following symptoms, he/she should be taken to a medical professional immediately:

- Increased breathing – 50 percent above his or her normal rate
- Blue skin, lips or fingernails
- Difficulty eating or a refusal to eat
- Gasping for air
- Rapid nostril movement
- Rapid, deep movements of the ribs or stomach
- Inflated chest that doesn't deflate upon exhalation
- Unresponsive
- Other \_\_\_\_\_

### When to give medication:

General notes: \_\_\_\_\_

Medication name: \_\_\_\_\_

Dosage: \_\_\_\_\_

How to administer: \_\_\_\_\_

Other info (for example, how fast it works, when and if to repeat): \_\_\_\_\_

General notes: \_\_\_\_\_

Medication name: \_\_\_\_\_

Dosage: \_\_\_\_\_

How to administer: \_\_\_\_\_

Other info: \_\_\_\_\_

### Contact information:

Parent #1: \_\_\_\_\_

Phone number(s): \_\_\_\_\_

Address: \_\_\_\_\_

Parent #2: \_\_\_\_\_

Phone number(s): \_\_\_\_\_

Address: \_\_\_\_\_

Doctor: \_\_\_\_\_

Phone number: \_\_\_\_\_

Address: \_\_\_\_\_

Alternate emergency contact: \_\_\_\_\_

Phone number: \_\_\_\_\_

Address: \_\_\_\_\_

Relationship to child: \_\_\_\_\_